Day 5

Morning

Afternoon

**Proverbs** 5:14 I was almost in utter ruin, my life completely wasted.

I will practice what I have been taught and teach others too.

Sing to God! Be Still My Soul

God's Word for the Day!

Philippians 1:12-20

Key Thought!

Some preach Christ from rivalry, others preach Christ out of love. However you preach Christ, I will be glad!

| Praise                   | (song in my heart to God)                                     | (EEE) |
|--------------------------|---|-------|
| Word<br>Prayer           | (today's scripture text) ( <b>Specific</b> , as guided below) |       |
| Reflection<br>Commitment | (what I did or not yesterday)<br>(what I hope to do today)    | Til.  |

Selfless Simple Serene Short Sincere In prayer, be:

Include: Praise Confession Intercession Petition Meditation

Praise: (thanksgiving for God's blessings)

God's presence, Trinity, Forgiveness, Salvation, Patience Spouse, Children, Home, Job, Extended Family, Friends

Confession: (admission of my falling short of God's best for me) Commissions Omissions

Intercession: (asking God to work in the lives of others)

Family Friends Business Assoc Ministers Missions

Petition: (asking God to do something in me)

Physical Mental Emotional Spiritual Relational

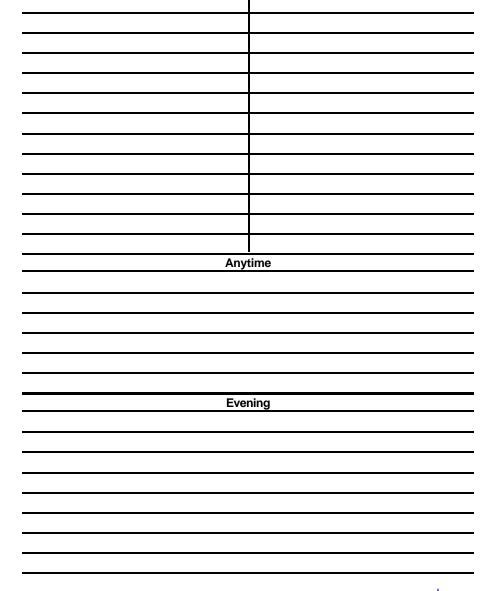
**Meditation**: (be still before the Lord, think about...)

The perfect, Jesus, naked, nailed, neglected, taking my punishment!

Commitment: (what I hope to do today)

Accept God's mercy and forgiveness, live every moment for Him









## Thoughts from the Psalms



Psalm 35

| Psalm 35   |  |  |  |  |
|--|--|--|--|--|
|  |  |  |  |  |
| Lord, my request is this:                            |  |  |  |  |
|  |  |  |  |  |
| Take my side against all who would oppose me         |  |  |  |  |
| Encourage me with Your Words                         |  |  |  |  |
| Let my adversaries be caught in their own traps      |  |  |  |  |
|  |  |  |  |  |
| My soul shall rejoice in the Lord                    |  |  |  |  |
| He delivers! (from the strong)                       |  |  |  |  |
| He delivers! (from robbers)                          |  |  |  |  |
|  |  |  |  |  |
| My accusers twist my words and distort my            |  |  |  |  |
| testimony. They repay evil for good.                 |  |  |  |  |
|  |  |  |  |  |
| I will humble myself before the Lord. I will fast    |  |  |  |  |
| and pray. I will seek God's face.                    |  |  |  |  |
|  |  |  |  |  |
| When I come out victorious, having overcome all      |  |  |  |  |
| obstacles and those who try to defeat me,            |  |  |  |  |
| I give thanks to the Lord and praise Him             |  |  |  |  |
| wholeheartedly among my fellow believers!            |  |  |  |  |
|  |  |  |  |  |
| Lord,  |  |  |  |  |
| do not be silent                                     |  |  |  |  |
| do not be far from me                                |  |  |  |  |
| do not let my accusers laugh at me                   |  |  |  |  |
| do not let them rejoice at my distress               |  |  |  |  |
|  |  |  |  |  |
| I will declare Your goodness, fairness, and support! |  |  |  |  |
| I WILL PRAISE YOU ALL DAY LONG!                      |  |  |  |  |
|  |  |  |  |  |

#### PSALM 35

- 1 LORD, battle with those who battle with me. Fight against those who fight against me. 2 Pick up the shield and armor. Rise up and help me. 3 Lift up your spears, both large and small, against those who chase me. Tell me, "I will save you." 4 Make those who want to kill me be ashamed and disgraced. Make those who plan to harm me turn back and run away. 5 Make them like chaff blown by the wind as the angel of the LORD forces them away. 6 Let their road be dark and slippery as the angel of the LORD chases them.
- 7 For no reason they spread out their net to trap me; for no reason they dug a pit for me. 8 So let ruin strike them suddenly. Let them be caught in their own nets; let them fall into the pit and die. 9 Then I will rejoice in the LORD; I will be happy when he saves me. 10 Even my bones will say, "LORD, who is like you? You save the weak from the strong, the weak and poor from robbers."
- 11 Men without mercy stand up to testify. They ask me things I do not know.
- 12 They repay me with evil for the good I have done, and they make me very sad. 13 Yet when they were sick, I put on clothes of sadness and showed my sorrow by going without food. But my prayers were not answered.
- 14 I acted as if they were my friends or brothers. I bowed in sadness as if I were crying for my mother. 15 But when I was in trouble, they gathered and laughed; they gathered to attack before I knew it. They insulted me without stopping. 16 They made fun of me and were cruel to me and ground their teeth at me in anger.
- 17 Lord, how long will you watch this happen? Save my life from their attacks; save me from these people who are like lions. 18 I will praise you in the great meeting. I will praise you among crowds of people. 19 Do not let my enemies laugh at me; they hate me for no reason. Do not let them make fun of me; they have no cause to hate me. 20 Their words are not friendly but are lies about peace-loving people. 21 They speak against me and say, "Aha! We saw what you did!"
- 22 LORD, you have been watching. Do not keep quiet. Lord, do not leave me alone. 23 Wake up! Come and defend me! My God and Lord, fight for me! 24 LORD my God, defend me with your justice. Don't let them laugh at me. 25 Don't let them think, "Aha! We got what we wanted!" Don't let them say, "We destroyed him." 26 Let them be ashamed and embarrassed, because they were happy when I hurt. Cover them with shame and disgrace, because they thought they were better than I was. 27 May my friends sing and shout for joy. May they always say, "Praise the greatness of the LORD, who loves to see his servants do well." 28 I will tell of your goodness and will praise you every day.

## **Bible Study Interaction Notes**



#### PHII IPPIANS



Philippiane 1.12-20

| Philippians 1:12-20                               |
|---|
|   |
| Preaching the GOOD NEWS of Christ (Gospel)        |
| in a spirit of love                               |
| in a spirit of boldness                           |
| in a spirit of good will                          |
| so that Christ may be honored                     |
|   |
| Preaching the GOOD NEWS of Christ (Gospel)        |
| in a divisive way                                 |
| with impure motives                               |
| causes distress in the Church                     |
|   |
| - but -   |
|   |
| Better to be preaching Christ, even if I am not   |
| doing so with a completely pure heart, than not   |
| to be preaching at all.                           |
|   |
| After all, God has promised that His Word will    |
| not return to Him void (or producing no results). |
| But rather I am pleased whenever the Gospel       |
| is spread by anyone, anywhere.                    |
|   |
| Praise God and pass along the GOOD NEWS!          |
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Phil 1:12 Now I want you to know, brethren, that my circumstances have turned out for the greater progress of the gospel, <sup>13</sup>so that my imprisonment in the cause of Christ has become well known throughout the whole praetorian guard and to everyone else, <sup>14</sup> and that most of the brethren, trusting in the Lord because of my imprisonment, have far more courage to speak the word of God without fear. <sup>15</sup>Some, to be sure, are preaching Christ even from envy and strife, but some also from good will; <sup>16</sup>the latter do it out of love, knowing that I am appointed for the defense of the gospel; <sup>17</sup>the former proclaim Christ out of selfish ambition rather than from pure motives, thinking to cause me distress in my imprisonment. <sup>18</sup>What then? Only that in every way, whether in pretense or in truth, Christ is proclaimed; and in this I rejoice, yes, and I will rejoice. <sup>19</sup>For I know that this will turn out for my deliverance through your prayers and the provision of the Spirit of Jesus Christ, <sup>20</sup>according to my earnest expectation and hope, that I will not be put to shame in anything, but that with all boldness, Christ will even now, as always, be exalted in my body, whether by life or by death.



### Proverb 5



- 14 "I was almost in utter ruin In the midst of the assembly and congregation." (NNAS)
- 14 I came close to being completely ruined in front of a whole group of people." (NCV)
- 14 I have come to the brink of utter ruin in the midst of the whole assembly." (NIV)
- 14 I was almost in all evil in the midst of the congregation and assembly. (KJV)
- 14 For now I must face public disgrace." (TLB)
- 14 "I was almost in utter ruin In the midst of the assembly and congregation." (NASB)

1 My son, give attention to my wisdom, Incline your ear to my understanding; 2 That you may observe discretion, And your lips may reserve knowledge. 3 For the lips of an adulteress drip honey, And smoother than oil is her speech; 4 But in the end she is bitter as wormwood, Sharp as a two-edged sword. 5 Her feet go down to death, Her steps lay hold of Sheol. 6 She does not ponder the path of life; Her ways are unstable, she does not know it. 7 Now then, my sons, listen to me, And do not depart from the words of my mouth. 8 Keep your way far from her, And do not go near the door of her house, 9 Lest you give your vigor to others, And your years to the cruel one; 10 Lest strangers be filled with your strength, And your hard-earned goods go to the house of an alien; 11 And you groan at your latter end, When your flesh and your body are consumed; 12 And you say, "How I have hated instruction! And my heart spurned reproof! 13 "And I have not listened to the voice of my teachers, Nor inclined my ear to my instructors! 14 "I was almost in utter ruin In the midst of the assembly and congregation." 15 Drink water from your own cistern, And fresh water from your own well. 16 Should your springs be dispersed abroad, Streams of water in the streets? 17 Let them be yours alone, And not for strangers with you. 18 Let your fountain be blessed, And rejoice in the wife of your youth. 19 As a loving hind and a graceful doe, Let her breasts satisfy you at all times; Be exhilarated always with her love. 20 For why should you, my son, be exhilarated with an adulteress, And embrace the bosom of a foreigner? 21 For the ways of a man are before the eyes of the LORD, And He watches all his paths. 22 His own iniquities will capture the wicked, And he will be held with the cords of his sin. 23 He will die for lack of instruction, And in the greatness of his folly he will go astray.

## Reflections



## Commitments

| V | K |
|---|---|
| A |   |

| Victories and Defeats of yesterday | (DID IT) | Actions needed now (DO IT) |  |
|------------------------------------|----------|----------------------------|--|
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### **Quick Reference Guide to Dayprimer for today:**



C Reflect on the wisdom of Solomon
Read the selected verse(s) from multiple versions
Remember the highlighted words

- C Sing to the Lord (if you can't sing, read and reflect)
- C Read God's Word
  Psalm for today
  Proverb for today
  Bible study passage for today
- C Focus for a moment on the "key thought" Remember the highlighted words
- C Pray very specifically
- C In prayer be: (in an appropriate attitude)
- C Include: (focus on certain aspects of prayer)
- C Praise God for His work in your behalf
- C \ Confess your wrong doings and not doings
- C Y Intercede for the needs of others
- Z Petition God for yourself
- £ Meditate about God's creativity
- C \_ Commit to God to do something specific

# Sing to the Lord



### Be Still My Soul

Be still my soul, the Lord is on thy side.
Bear patiently the cross of grief or pain;
Leave to the God to order and provide,
in every change He faithful will remain.
Be still my soul, thy best, thy heavenly friend.
Thro' thorny ways leads to a joyful end.

Be still my soul, the God doth under take to guide the future as He has the past. Thy hope, thy confidence let nothing shake; all now mysterious shall be bright at last. Be still my soul, the waves and winds still know His voice Who ruled them while he dwelt below.

Be still my soul, the hour is hastening on, when we shall be forever with the Lord. When disappointment, grief, and fear are gone, sorrow forgot, love's purest joys restored. Be still my soul, when change and tears are past, all safe and blessed we shall meet at last.