

Volume 2, Day 18: You Create Your Own Quiet

One of my favorite passages in the message is in Matthew chapter 9, verses 28 through 30. Jesus is talking to His disciples. “Are you tired? Are you worn out? Are you burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest, walk with me and work with me. Watch how I do it. Learn the unforced rhythms of grace. I won't put anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly.”

I can't emphasize enough how much God and you need to find a quiet place in your heart and life because that's where He makes Himself known. It's then that we're more open to hearing His still small voice, feeling that nudge and being drawn into that quiet place. You make time for everything you really want to do. This journey requires that you make some time to learn, make time to live freely and lightly. Find a place just to sit in silence. Even if you don't think of anything or hear anything, just sit for a moment at rest in His presence. Enjoy what God is bringing into your experience in this moment.

The more you think about Him you'll be less drawn into what the world is frenzied about. The more you feel His unconditional love for you, the less you will be tempted to find love in unseemly places. The more you love God the more you will trust Him and want to serve His purposes. Abraham's perfect trust in God put him in the Hall of Fame of Faith!