

## **Volume 1 – Day 17: Taught or Caught**

“Some things are taught and some things are caught!” The significance of this particular parallel is that Intelligence Quotient (IQ) is largely determined by the ability of one to store knowledge and then retrieve it at will in high measure of accuracy. Until recent times the measure of Emotional Intelligence or Emotion Quotient (EQ) was largely unknown or little understood. And it is essentially both IQ and EQ which distinguish the human race from all other species.

While boasting of high IQs and impressive accomplishments, most have failed to reach their emotional potential (EQ). The underlying force, that is, the success engine of personal achievement is one which runs well only on a race track of speed and fanfare. The success engine of human happiness is one which is fueled by affection and runs on any track where it can share its fuel with others in need.

We are careful to teach each other to be more rational than emotional and for seemingly good reasons. Crimes of passion often produce the most gruesome of crime scenes. Yet, the truth be told, we are primarily emotional beings and driven mostly by emotion.

Regardless of how much we pack information into our heads about good character and good behaviors, it is our emotions which cause us to fall short with respect to both. Hopefully this one thought may help you. “The deeper my affection for another person, the greater my kindness will be toward them.” — J H Alan. When I fall in love, I catch a passion which transforms me. Information may help me see what needs to be changed in me, but only a change of feeling will change how I can make others feel.

“It is not what I do or say for which I will be remembered. I will be remembered for how I made them feel.”

My Confirming Scriptures:    My Aligning Experiences:

**DEEPER Every Day -- John Henry Alan**