

#### **Volume 4, Day 6: Make Love Not War**

In the '70s a popular expression was "Make love, not war." It was a pacifist statement made in repulsion of an unpopular war in which the United States was engaged. However the implications of the expression have a positive impact across the board. Obviously, when we love others, we are not likely to engage in violent arguments or fights with them. Yet, we mostly find fault with others and criticize their words or actions! Why on earth would we push people away from us, especially the ones we most want to be with?

Obviously, most of our negative expressions are directed at people or activities which we think are wrong or unfair by our own definition of good and evil. Yet we tend to lose sight of the fact that other people often have opinions which are different from our own which are not necessarily wrong. Actually, if we are intellectually honest, we must admit that there are no two people whose opinions or beliefs are completely the same. And the most foundational of all tenets of relationship is a mutual acceptance of the diversities as well as the similarities of others.

The one thing that is most common to all people is the desire to be accepted and embraced by others. A smile and a hug go a long way to brighten our day. And the more we accept others, just as they are without changing their opinions or behaviors, the more we will be accepted by others in the same way.

There is FREEDOM from animosity and angst in simply accepting the things which we cannot change. And to be sure, we cannot change anyone else. We can't even change ourselves. Only our Creator can change us but He will not do so, unless and until we admit to Him that we need to be changed and give Him permission to do so.

My Confirming Scriptures:

My Aligning Experiences:

DEEPER Every Day -- John Henry Alan