

### Volume 1, Day 26: Even Restlessness Leads to Peace

There are times when there is restlessness in our heart when we're thinking about doing something difficult or thinking about dealing with a difficult person. This restlessness and unease can be the Spirit of God as well. It is still as simple as learning to recognize and follow those impressions in our spirit. When they come we can be fully aware of them. Scripture described it as, "... a still, small voice." Some people wish that God would just yell at us, light up neon signs and make His way obvious. I think God speaks in a still, small voice to us for the same reason I do it with my children.

When I talk in a still, small voice, it invites them close. They lean in, and it's the relationship that's more important than the voice. It's more about learning to recognize how God is loving me than it is what I should do or what I should know about him. Recognizing his love in the actual circumstances of my life as I walk on day by day is what it means to follow Him.

The scriptures may help, if the Spirit directs you to a particular passage that provides guidance. But do not play 'spin the Bible' to get random chance answers. The most important thing is that you **feel** His love. How this Father **feels** about you in your worst moments and in your best moments is identical. He always loves you wholeheartedly. **Feeling** His presence with you in the agony of your life gives you peace even when the circumstances are anything but peaceful.

He's celebrating happily and joyfully with you and in you in the middle of the mess. You consider it joy when trials come when you believe how deeply God loves you. As you live **feeling** loved, you can love others like that. His love will make you comfortable in every situation.